

# The Oily Oracle™

Twin-ssential Oils™ Group

• Oily Wellness Newsletter, Volume 1, Issue 3

Facebook: "Twin-ssential Oils Group"; Editor's E-mail: [Liz@LizCasey.com](mailto:Liz@LizCasey.com)

## Welcome, Oilers!

June, 2019

The Oily Oracle monthly newsletter is brought to you by twin sisters and oilers, Liz Casey and Kristen Guzman. So glad you're here! We're independent Young Living™ Distributors with a deep love of using essential oils to support physical and emotional well-being, promoting clean living, and spreading happiness. Each issue brings you information about the monthly promo, articles about wellness, EO recipes, business information, and more. Let's oil!

## June PV Promo; Embrace the outdoors!

June is all about the great outdoors and enjoying nature! These Young Living promos will help you play, invigorate, and enjoy the wild. :)



**300 PV, Retail Value: \$166.13**

### 14-pack of NingXia Nitro

- Need to be on your A-game before heading out on your next adventure? Look to NingXia Nitro to boost your energy, so you're ready to climb the nearest mountain.\*
- Take pocket-sized NingXia Nitro with you on your travels. You never know when you'll need an extra kick of energy and clarity!\*

### NingXia Nitro-branded socks

- After a full day of work or play, your feet need a little TLC. Sport these NingXia Nitro socks as you kick back and relax.
- Show off your YL pride with these NingXia Nitro-branded socks.

### Peppermint Cedarwood Soap

- Begin your day with this cleansing and invigorating soap.
- Use Peppermint Cedarwood Soap to arm your skin with added moisture—a must-have before heading out into the sunshine.

### 15 ml Lime essential oil

- In a rut with your summer plans? Diffuse Lime while planning your next adventure and get inspired by Lime's fresh, creativity-boosting aroma!
- After a long day in the summer sun, add Lime to your nighttime moisturizer. Summer skin needs all the love it can get!\*\*



### Inside this issue:

Welcome, Oilers!	1
June promo	1-2
How fast do oils work?	2
Kristen droppin' some oily wisdom	3
Liz droppin' some real talk	4
Essential Rewards bennies	5
Guiding principles	6
Next wisdom gathering flyer	7
Contacts	7

# June Promo, Continued

### Bonus Essential Rewards 5 ml Northern Lights Black Spruce essential oil

- This essential oil is also a skin lover. Pair with your moisturizer and enjoy healthier looking skin.
- If grand summer adventures are not on your agenda, bring the woody outdoors inside when you diffuse Northern Lights Black Spruce.

### Bonus Essential Rewards 15 ml Citronella essential oil

- Topically apply Citronella essential oil and take a hint of citrus-herb summer sweetness with you wherever you go.
- Nothing says summer like the scent of Citronella. Diffuse Citronella out on the back patio to clear the air for pest-free gatherings and barbecues.

**250 PV, Retail Value: \$88.83**

- Peppermint Cedarwood Soap
- 15 ml Lime essential oil

- Bonus Essential Rewards 5 ml Northern Lights Black Spruce essential oil
- Bonus Essential Rewards 15 ml Citronella essential oil

**190 PV, Retail Value: \$75.01**

- 15 ml Lime essential oil
- Bonus Essential Rewards 5 ml Northern Lights Black Spruce essential oil
- Bonus Essential Rewards 15 ml Citronella essential oil

**100 PV, Retail Value: \$26.32**

- Bonus Essential Rewards 15 ml Citronella essential oil

## HOW FAST DO OILS WORK?

*abritanyessentials*



SECONDS

THE MOLECULES REACH THE BRAIN



MINUTES

THEY WILL BE FOUND IN THE BLOODSTREAM



MINUTES

THEY WILL AFFECT EVERY CELL IN THE BODY

## How many Drops?

The average number of drops in a Young Living essential oil bottle:



15ml Bottle  
250-300 drops

5ml Bottle  
85-100 drops

2ml Bottle  
34-40 drops

Sample Sachet  
4-6 drops

*Only Families*





## Kristen, Droppin' Some Oily Wisdom



### **My exciting journey using NingXia Red® , superfood, antioxidant drink, extraordinaire!**

Taken directly from the Young Living website:

*NingXia Red® is a delicious super-fruit beverage that combines whole Ningxia wolfberry puree; a super-fruit blend of blueberry, aronia, cherry, pomegranate, and plum juices; natural stevia extract; grape seed extract; pure vanilla extract; and Orange, Yuzu, Lemon, and Tangerine essential oils.*

*NingXia Red is sweet, tangy, and infused with some of our favorite citrus essential oils, including Orange and Yuzu. Crafted with super-fruits and essential oils, it's a powerhouse nutrient infusion that everyone can enjoy made with exotic fruit extracts and the whole fruit of Young Living's exclusive Ningxia wolfberries, NingXia Red® can help prevent against oxidative stress, support eye health, and provide energy throughout the day.*

*NingXia Red® is delicious on its own, in a smoothie, or with a few drops of your favorite dietary essential oils. We love adding a drop or two of Peppermint, Grapefruit, Cinnamon Bark, or Thieves®, but experimenting with new favors for a customized blend is always fun!*

NingXia Red® is produced from wolf berries grown in the Ningxia region of China. Many of the folks in this region of China live, to well over 100 years of age! It's said that the minerals in the soil are very high in this region, thus infusing the wolf berries with amazing, nutrient rich properties! I had been hearing about NingXia Red® from my upline, face book posts from people in our organization, blasts from happy customers, and my sister for months! I even went onto the Young Living website and studied it several times before purchasing, but thought silently to myself 'I don't know if I can afford this'. I finally gave in and bought my first two bottles a little over a month ago. Man oh man! I can't believe what it's done for me! Since NingXia Red® is filled to the brim with antioxidants, vitamins, minerals, and essential oils it takes very little of this product daily to do amazing things! It's recommended that you

start with 1-2 oz. per day. That is 1/8<sup>th</sup> or 1/4 of a cup only! I take 2 oz. a day. My sis and I joke around that we would love to pour frosty, 16oz glasses of NingXia® and pound them down, but the expense prevents us from doing this! :)

I've suffered with psoriatic arthritis for several years now. It's a painful condition that produces a scaly rash on different parts of the body (because the skin cells multiply too quickly) and deep joint pain. It is caused by inflammation- like most arthritis is-. I have experienced a high stress life for many years and this is how my body decided to cope. The rash is very itchy and when scratched becomes inflamed and stings. I have made several dramatic changes in the last year and a half like not drinking alcohol and dramatically reducing my sugar intake but the thing that has pushed my experience with improved wellness over the edge is using NingXia Red®!

Since starting on the NingXia Red® I have noticed a dramatic reduction in my plagues psoriasis as well as less joint pain. Another byproduct of using NinXia Red® is improvement in eye health. I had a floater (a black spot that sometimes looked like a vein or hair floating around inside my left eye) that's nearly gone! It should be noted that at the same time, I began alkalizing my water, and use 2 drops of Copiaba essential oil which I drop directly into the NingXia Red® daily. This drink is delicious and has so many benefits that I will never go without it again! Give it a try. You will not be sorry! Fondly, K

<https://www.mayoclinic.org/diseases-conditions/psoriasis/symptoms-causes/syc-20355840>





## Liz, Droppin' Some Real Talk

Hi, Oily friends!

I gotta be honest with you: I've been having a struggle. How to deal with the disbelief and close-mindedness of others? The others we drop oil on and invite into this world with love in our hearts. Others we tell about these amazing substances and love on constantly. Others who smile at us, listen, see our enthusiasm, but have that "Oh, my GOD, she's in an 'MLM cult' and is trying to brainwash me into getting in, too" look on their faces. Others who because of their programming completely miss the point. I've been crunching on this for a few months.

Why don't people get the wellness aspect of these oils faster or in some cases, AT ALL? Why do people look at us like that? Why aren't they running toward us with eyes of glee and hearts at the ready? How can WELLNESS NOT BE AT THE TOP OF EVERYONE'S To-Do list? Why did a very DEAR FRIEND of mine accuse me of trying to get her into a "pyramid scheme" and then shame me? WHY?!

I've been deeply hurt recently by others' reactions. Hurt because they are KEEPING THEMSELVES FROM THESE AMAZING SUBSTANCES that could so readily and so easily help them live better. I want to *help them*, not "make a buck" or "get anyone into my MLM", or "increase my downline for the sake of doing so." Yeah, some people don't believe me, they misunderstand, they simply don't trust my intentions. I've been perplexed and sad about this, honestly.

But, then, it occurred to me. It doesn't matter. It doesn't matter one bit if people get us or this gig or these oils and products. It *doesn't matter at all*.

What matters is that I keep showing up. I keep talking, keep sharing. I keep my focus on others, I make it about them, *not me*. "This could help my friend who has some physical issues right now and I'm not going to let her go home without at least telling her that there might be another way for her."



As YL representatives, what matters is we get clear on why we do this. We buck up and address issues within ourselves *first*. This is about where we place our *attention*. We have to push past all the suspicion, the "Nos", and the disbelief *in our own minds FIRST*. We have to see what we want and attract what we want, first.

The Law of Attraction states that every creation, every experience in one's life, every single moment is drawn to us by our thoughts and feelings, our focus. So, let's try to pay attention to what's *working*, not what isn't working. We have to keep going, keep talking, keep showing up for people even when they doubt us, even when they don't get it, even when they refuse their wellness, even when they project their jaded suspicion on us. We're planting seeds. Seeds take a while to germinate. This is not about instantaneous success or just making piles of money. It's about helping people.

I have some work to do. I need to spend more time in meditation. I need to think about every "yes", be more present for other people and myself, be more focused, and willing to look at the SOLUTIONS, not the problems in this (or any) business. I need to clear up my energy stream *FIRST* so I can offer a pure, whole, bubbly, joyous, and constant signal.

I want to connect with the right people, people who are *READY* for this lifestyle and who will magnify it into their lives *through me*. I need to get ready for *THEIR* success. I need to remember that seeds sprout beneath the surface (for a very long time) before they make themselves seen, before they push toward their highest good in the light. I need to trust that the right people will come forward and it's all in the right time. I need to be patient (which is so not easy for me!).

Hey, the emotional exploration is fine as long as we don't stagnate there. As long as we push through and keep going. Keep helping others. That's what Young Living is all about; we're so lucky to be here. We're helping people who can truly receive it. And, the ones that can't, that's okay, too. Let's keep going. Let's love on the world one oil at a time, friends!



The Young Living company logo, name, and product names are Registered Trademarks of the Young Living corporation. All rights reserved.



**How exactly do Young Living**

*Essential Rewards* **work?**

- You must be a **wholesale member** to join. If you don't know how to become a member, reach out. We're happy to help.

- You must place an **ER order of at least 50 PV every month**. If you're a business builder, you might want to make your orders 100 PV per month so you get all of your commissions. But, this isn't a requirement.

- You earn reduced shipping rates on your monthly ER order, faster order processing, and **REWARDS** back on every purchase, depending on how long you've been a part of the program:

**Months 1 – 3, Earn 10%**  
**Months 4 – 24, Earn 20%**  
**Months 25 +, Earn 25%**

Members also receive a gift at months 3, 6, and 9 **PLUS** a special "Loyalty Oil Blend" at 12 months!

Twin Essential Oils Group;  
 Kristen Guzman: 714.323.2222; barkeyes@sbcglobal.net  
 -OR- Liz Casey: 928-274-6436; liz@lizcasey.com

THE DIFFERENCE IN A PAYCHECK	
<p><i>spend</i> <b>50 PV</b></p> <p><b>FAST START BONUS</b></p> <ul style="list-style-type: none"> <li>enroller receives 25% on new members pv for the first 3 months</li> <li>up to \$200 per new member</li> <li>your second level enroller receives 10%</li> </ul> <p><b>PSK BONUS</b></p> <ul style="list-style-type: none"> <li>enroller receives \$25 on each psk</li> </ul> <p><b>RETAIL CUSTOMER EARNINGS</b></p> <ul style="list-style-type: none"> <li>sponsor receives the 24% difference between retail and wholesale price</li> </ul>	<p><i>spend</i> <b>100 PV</b></p> <p><b>FAST START BONUS</b></p> <ul style="list-style-type: none"> <li>enroller receives 25% on new members pv for the first 3 months</li> <li>up to \$200 per new member</li> <li>your second level enroller receives 10%</li> </ul> <p><b>PSK BONUS</b></p> <ul style="list-style-type: none"> <li>enroller receives \$25 on each psk</li> </ul> <p><b>RETAIL CUSTOMER EARNINGS</b></p> <ul style="list-style-type: none"> <li>sponsor receives the 24% difference between retail and wholesale price</li> </ul>
	<p><b>UNILEVEL COMMISSIONS</b></p> <ul style="list-style-type: none"> <li>up to 8% of your organizational pv</li> </ul> <p><b>RISING STAR BONUS</b></p> <ul style="list-style-type: none"> <li>up to 6 shares</li> </ul> <p><b>GENERATION COMMISSION &amp; GENERATION LEADERSHIP BONUS</b></p> <ul style="list-style-type: none"> <li>silver and above</li> </ul>

Are you getting all of your commissions? It's super important to not only encourage people you're signing up to get into the Essential Rewards program, because of all the extras they get with their membership, but also to meet your minimum PV each month so you get all of the totals coming to you. Take a look at the graphic on the left and note the differences between the two paychecks.



**Twin<sup>💧</sup>essential Oils Group**  
**has one guiding principle for everything we do: Love.**  
**If it's from Love, it's from the right place,**  
**intention, and energy.**



Twins, Kristen and Elizabeth (Liz) are Independent Young Living distributors dedicated to sharing our love of Young Living essential oils and wellness with the world. We're committed to raising the energy frequency of humankind one oil and person at a time.

We're dedicated to continuing our personal educational and wellness journeys using Young Living essential oils and sharing our experiences with others who can benefit from the products and lifestyle.

We work to build solid, communicative, hard-working teams who equally love the products and enjoy helping others succeed. We work with bright, articulate, loving, patient, and kind people only. This means that we attain the greatest wellness and prosperity possible together.

Our group of oilers follows **four core principles** to ensure we're aligned with the highest good for others and ourselves:

- **Slathering:** We use the products daily so our testimonials and experiences are 100% authentic. And, we're gaining as many personal benefits as possible from the products.
- **Sharing:** We talk about the products, company, and experiences constantly with a mind toward helping others first and foremost.
- **Serving:** Serve other people continually by holding lots of wisdom gatherings to share oils, learn, commune, drop oils on, and love on others.
- **Signing up:** Focus on helping people live in healthier ways and prosper physically, spiritually, emotionally, and financially by signing them up and getting them enjoying the huge benefits of Essential Rewards!



# Upcoming Oily Wisdom Gatherings:

## Do you know what the "dirty-30" are?

...Hint: They're likely in all our homes right now.

### Live Chemical-Free Gathering

**Day:** Sat., June 29, 2019  
**Time:** 1:00 - 2:30 PM  
**Location:** Village Acupuncture, 50 Bell Rock Plaza  
Village of Oak Creek, AZ 86351  
**RSVP:** Liz Casey, 928-274-6436 or the clinic: 928-284-4038

Getting rid of toxic chemicals in your home and household products is easy when you have clean, family-safe options to replace them with.

We'll be talking about using essential oils to clean your house, care for your family, and address your wellness needs instead of using the common toxic substances found in most homes. Feel free to invite a friend, but please RSVP by 6/27. Thanks!



This class is free for all of our Young Living family, \$4 for non-members (to cover the cost of class materials and oils). We'll have handouts. Bring a pen and paper if you want to take notes. See you there!

Brought to you by Twin Essential Oils Group; [www.twinsessentialoils.com](http://www.twinsessentialoils.com); FB: [twin-essentialoilsgroup](https://www.facebook.com/twin-essentialoilsgroup)



### Self-Care for Adrenal Health Using Acupressure & Essential Oils!



**Day:** Wed., July 10, 2019  
**Time:** 5:30 - 7:00 PM  
**Location:** Village Acupuncture, 50 Bell Rock Plaza  
Village of Oak Creek, AZ  
**RSVP at the office:** (928) 284-4038

Join us for a lively, entertaining discussion (and demo) on using essential oils with acupressure to support the adrenals and overall wellness.

We'll be talking about how easy it is to perform self-care with therapeutic-grade essential oils and acupressure to address adrenal fatigue and endocrine issues and improve overall wellness.

Feel free to invite a friend, but please RSVP by 7/7 because we'll have handouts. Thanks!



Oh, and we'll talk a little bit about business, too. Bring a pen and paper if you want to take some notes.



Flyer brought to you by Twin Essential Oils Group; [www.twinsessentialoils.com](http://www.twinsessentialoils.com)

## Contact Us!

[www.twinsessentialoils.com](http://www.twinsessentialoils.com)

**Kristen Guzman**, YL Distributor # 4271624; [barkeyes@sbcglobal.net](mailto:barkeyes@sbcglobal.net); 714.323.2222

**Liz Casey**, YL Distributor # 12202789; [liz@lizcasey.com](mailto:liz@lizcasey.com); 928.274.6436

