

The Oily Oracle™

Twinssential Oils™ Group

Oily Wellness Newsletter, Volume 1, Issue 4

Facebook: "Twin-ssential Oils Group"; Editor's E-mail: Liz@LizCasey.com

Welcome, Oilers!

The Oily Oracle monthly newsletter is brought to you by twin sisters and oilers, Liz Casey and Kristen Guzman. So glad you're here! We're independent Young Living™ Distributors with a deep love of using essential oils to support physical and emotional well-being, promoting clean living, and spreading happiness. Each issue brings you information about the monthly promo, articles about wellness, EO recipes, business information, and more. Let's oil!

August PV Promo;



This month's PV promotion features several cute items, including an exclusive Woodland Creatures Set that pairs with our Thieves® Waterless Hand Purifier[^], a Thieves® Roll-On, and so much more! Spread the word so your teams can take advantage of this incredible promotion!

300 PV tier
Retail value: \$140.79
Woodland Creatures Set

—Accessorize your purifier. Teach your kids to carry the power of Thieves with this darling set of three silicone sleeves—each in the design of a different forest friend.

—Make cleaning up fun! Slip these adorable fox, owl, and raccoon sleeves over your Thieves Waterless Hand Purifier to encourage your little ones to keep their hands clean as they go from the bus to school and everywhere in between.

Thieves® Waterless Hand Purifier 1 oz.*

—Pack a punch with the power of Thieves! This lightweight, non-greasy formula purifies hands without using petrochemicals, parabens, sulfates, or other nasty chemicals.

—Wash on the go! From the preschool to the park, take Thieves Waterless Hand Purifier for clean, soft hands wherever you are.

Thieves® Roll-On

—Meet the scent of the season. Wear Thieves as your personal fragrance and turn heads with its spicy, citrusy aroma.

—Bring on autumn! Roll on this warm blend of Clove, Cinnamon Bark, Lemon, and other essential oils for a cozy aroma that smells of citrus, spice, and everything nice.

August, 2019



Inside this issue:

Welcome, Oilers!	1
August promo	1-2
August promo graphic	2
Kristen droppin' some oily wisdom	3
Liz droppin' new products info	4
Essential Rewards bennies	5
DIY Cleaning recipes	5
Guiding principles	6
Next wisdom gatherings	7
Contacts	7

*These statements have not been evaluated by the Food and Drug Administration. Products not intended to diagnose, treat, cure, or prevent any disease. ** Photosensitizing. Avoid direct sunlight for @ least 48 hours after using topically.

August Promo, Continued

Super C™ Chewable 90 ct.

—Support your immune system! It's never too early to fight the onset of a common cold. Chew Super C for an excellent source of vitamin C and manganese with the added benefits of calcium, zinc, and antioxidants.**

—Meet your vitamin C needs. Get your daily dose of vitamin C in a convenient, chewable tablet that combines camu camu, acerola cherry, and rose hip fruit powder with Orange essential oil.**

Bonus Essential Rewards: KidScents® TummyGize™ 5 ml

—Ease back-to-school jitters. If your children are nervous about starting school, rub this blend of Spearmint, Tangerine, Anise, and other essential oils on their tummies for a gentle aroma to help quiet their fears.

—Make bedtime a dream. On those hot August nights, help your little ones drift off to dreamland with the comforting scent of TummyGize.

Bonus Essential Rewards: Citrus Fresh™ 5 ml

—Cling to summer a little longer. If the change in seasons has you feeling blue, lift your spirits with this fresh sunny scent.

—Study smarter, not harder. Before you or the kids hit the books, diffuse Citrus Fresh to create a focused environment.

250 PV tier
Retail value: \$109.2

—Thieves Roll-On 10 ml

—Super C Chewable 90 ct.

—Bonus Essential Rewards: TummyGize 5 ml

—Bonus Essential Rewards: Citrus Fresh 5 ml

190 PV tier
Retail value: \$70.07

—Super C Chewable 90 ct.

—Bonus Essential Rewards: TummyGize 5 ml

—Bonus Essential Rewards: Citrus Fresh 5 ml

100 PV tier
Retail value: \$9.87

—Bonus Essential Rewards: Citrus Fresh 5 ml

^Thieves Waterless Hand Purifier is the same formula found in Thieves Waterless Hand Sanitizer. The only difference is the label.

*Due to shipping restrictions, members with APO, DPO, and FPO mailing addresses and some NFR markets won't be able to qualify for the Thieves Waterless Hand Purifier. If this product cannot ship to your address, you will receive 10 ER points instead.

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.





Kristen, Droppin' Some Oily Wisdom



I'm so excited about our breakfast blending gathering this month. Liz and I are going to serve foods with essential oils in them! Here's what we're doing and the recipes we're using. I wish all of you could make it to this gathering; it's sure to be so much fun!

Maple Orange Bacon

The following is a recipe that we invented based on research for the best way to make bacon. You oven bake the meat with a touch of brown sugar into which you mix the orange essential oil.

Ingredients:

- 10-12 slices of thick-cut bacon
- ¼ cup brown sugar
- 3-5 drops of Young Living's Orange essential oil

Directions:

Place the brown sugar into a small bowl and drop the orange essential oil into it evenly dispersed around the sugar. Mix the sugar and oil completely.

Arrange bacon slices on a sheet pan. Don't stretch the slices out. Just gently drape the bacon across the pan.

Do NOT Preheat Your Oven! Put the bacon into a cold oven in the center of the rack. Starting with a cold oven ensures that the bacon will cook slowly like it needs to.

Turn the oven on to 400 F.

Come back 15 - 17 minutes or so later to check on the bacon. As soon as the bacon is golden brown, but not excessively crisp, it's done. The exact time will depend on the thickness of the bacon slices and how quickly your oven reaches the target temperature.

Remove the pan from the oven. Transfer the bacon to a plate or dish right away. **Note:** If you leave it in the pan too long, the heat from the pan and the hot bacon fat will continue cooking it.

Buttercream Frosting

We got a basic buttercream frosting recipe off the Internet. We add essential oils to the recipe to kick it up a notch.

Ingredients:

- 2 cups Powdered Sugar (or 1/2 pound)
- 1/2 cup Butter (1 stick); use Softened Salted Sweet Cream Butter

2 teaspoons Vanilla

3-5 drops of your favorite Young Living dietary essential oil

1-2 tablespoons Milk

Directions:

Add softened butter and vanilla to the mixing bowl and mix until completely combined.

Add Powdered Sugar and beat on low until it's incorporated. Then, move mixer up to medium-high speed. Scrape sides and bottom of bowl often. When completely mixed, the frosting may appear dry.

Add drops of Young Living essential oil (to taste); typically 3-5 drops

Consider using one or more of the following essential oils (depending on what you're making): Nutmeg, Lemon, Lime, Tangerine, Lemongrass, Orange, Grapefruit, Spearmint, Peppermint, Cilantro, Coriander, Citrus Fresh, Cinnamon Bark, Ginger, Fennel, Lavender, Jade Lemon, Bergamot, Thieves, Stress Away, etc.

Add milk a little bit at a time until frosting is the proper consistency.

Make Cake Frosting into a Dipping Glaze

(By: Amelia Allonsy <https://oureverydaylife.com/tub-frosting-harden-42037.html>)

A thick, quality cake frosting can easily be altered to make a thinner glaze suitable for dipping anything.

Place the frosting in a microwave-safe bowl and microwave it for about 10 to 20 seconds to melt the sugar and fat in the frosting. Stir the frosting well and microwave it in additional 10-second intervals, if needed, until it reaches a drizzling consistency.

Stir in milk 1 tablespoon at a time to thin out the frosting. Use a wire whisk to thoroughly incorporate the milk with the frosting. Alternatively, use a liquid such as juice to thin the frosting while adding a hint of flavor.

The dipping frostings we're making for the Breakfast Blending gathering:

Lemon-Lavender

Cilantro-Lime

Orange

The glaze we're making for the fruit is with Spearmint and Orange essential oils. :)



Liz, Droppin' Info on New ER Products!

Hi, Oily friends and family!

Check this out! Introducing two NEW, exclusive Essential Rewards collections coming up in September!

Personal Care
+
Wellness

Available for a limited-time, these sets will equip you for staying healthy this fall! All the details:

The Personal Care and Wellness ER collections are available from midnight, MT, on September 1 until 11:59 p.m., MT, on September 30, or while supplies last.*

Limit 1 of each collection per member, per ER order. New enrolling members can order the limited-time ER collections if purchased on an ER order. To place an order, visit your Virtual Office.

Personal Care Essential Rewards Collection

Item No.: 26638

Wholesale: \$130

PV: 120

Items: Thieves Dental Floss, Lavender Calming Bath Bombs, Thieves AromaBright Toothpaste, Sacred Frank-

incense essential oil, Charcoal Bar Soap, Lavender Hand & Body Lotion, Satin Facial Scrub, loofah

Wellness Essential Rewards Kit

Item No.: 26672

Wholesale: \$125

PV: 110

Items: Master Formula, Life 9, Lemon Vitality essential oil, stainless steel mug

*These collections are available only in September. See YoungLiving.com for more information.



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How exactly do Young Living

Essential Rewards work?

- You must be a **wholesale member** to join. If you don't know how to become a member, reach out. We're happy to help.
- You must place an **ER order of at least 50 PV every month**. If you're a business builder, you might want to make your orders 100 PV per month so you get all of your commissions. But, this isn't a requirement.
- You earn reduced shipping rates on your monthly ER order, faster order processing, and **REWARDS** back on every purchase, depending on how long you've been a part of the program:

- Months 1 – 3, Earn 10%**
- Months 4 – 24, Earn 20%**
- Months 25 +, Earn 25%**



Members also receive a gift at months 3, 6, and 9 **PLUS** a special "Loyalty Oil Blend" at 12 months!

Twin Essential Oils Group;

Kristen Guzman: 714.323.2222; barkeyes@sbcglobal.net
 -OR- Liz Casey: 928-274-6436; liz@lizcasey.com

Thieves® Cleaner

RECIPES

GLASS AND MIRROR CLEANER:

- 1 cap cleaner
- 3 cups water
- 1 teaspoon white vinegar
- 5 drops Lemon essential oil

TUB AND TILE SCRUB:

- 2 caps cleaner
- 1/3 cup Thieves® Dishwasher Detergent
- 5 drops Thieves® essential oil blend

HARDWOOD FLOOR CLEANER:

- 1/3 cup cleaner
- 1/4 cup olive oil
- 1 gallon water
- 5 drops Purification® blend or Pine essential oil

LAUNDRY PRE-SPOT:

- 1/3 cup cleaner
- 1 cup water
- 1/3 cup liquid Castile soap or Thieves® Dish Soap
- 5 drops Lemon essential oil

ALL-PURPOSE CLEANER:

- 1 cap cleaner
- 2 cups water

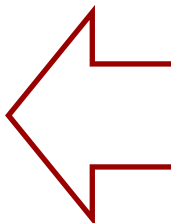
HEAVY DEGREASER:

- 1 cap cleaner
- 1 cup water



Look at these cool cleaning recipes we found.

Please tell us if you try any of these and what you think, team!



Twin[💧]essential Oils Group
has one guiding principle for everything we do: Love.
If it's from Love, it's from the right place,
intention, and energy.



Twins, Kristen and Elizabeth (Liz) are Independent Young Living distributors dedicated to sharing our love of Young Living essential oils and wellness with the world. We're committed to raising the energy frequency of humankind one oil and person at a time.

We're dedicated to continuing our personal educational and wellness journeys using Young Living essential oils and sharing our experiences with others who can benefit from the products and lifestyle.

We work to build solid, communicative, hard-working teams who equally love the products and enjoy helping others succeed. We work with bright, articulate, loving, patient, and kind people only. This means that we attain the greatest wellness and prosperity possible together.

Our group of oilers follows **four core principles** to ensure we're aligned with the highest good for others and ourselves:

- **Slathering:** We use the products daily so our testimonials and experiences are 100% authentic. And, we're gaining as many personal benefits as possible from the products.
- **Sharing:** We talk about the products, company, and experiences constantly with a mind toward helping others first and foremost.
- **Serving:** Serve other people continually by holding lots of wisdom gatherings to share oils, learn, commune, drop oils on, and love on others.
- **Signing up:** Focus on helping people live in healthier ways and prosper physically, spiritually, emotionally, and financially by signing them up and getting them enjoying the huge benefits of Essential Rewards!



Upcoming Oily Wisdom Gatherings:

What are the "Dirty-30?"

...Hint: They're likely in all our homes right now.

Live Chemical-Free Gathering



Day: Sun., August 11, 2019
Time: 3:00 - 4:30 PM
Location: [Redacted], Prescott Valley, AZ
RSVP: Kristen Guzman, 714-323-2222

Getting rid of toxic chemicals in your home and household products is easy when you have clean, family-safe options to replace them with.

Breakfast Blending!

Essential oils we can eat!



Join us for some delicious breakfast fun!

Day: Saturday, August 31, 2019
Time: 9:30 am—11:00 am
Where: [Redacted], Prescott Valley, AZ 86314
RSVP: Kristen: 714-323-2222 or Liz: 928-274-6436

We'll sample finger-foods and beverages made with Young Living essential oils, talk a bit about the Young Living Vitality dietary oils, and have some giggles. Oh, and we'll share the recipes (handouts). Bring a pen if you want to take some notes. BUT! Bring a friend and win a free citrus Vitality oil!

Please RSVP by 8/29. Thanks and see you soon!

Lovingly brought to you by Twinsential Oils Group
www.twinsentialoils.com

Power that Flower!

Essential oils that support female hormones

Oily Wisdom Gathering

Day: Thu., August 22, 2019
Time: 6:00 - 7:30 PM
Where: [Redacted], Sedona AZ 86336
RSVP: Liz Casey: (928) 274-6436

Join us for a lively, entertaining discussion (and demo) on essential oils and nutritionals that support female hormones and wellness.

We'll be talking about how easy it is to add in the use of therapeutic-grade essential oils and nutritional products to support the female endocrine system and improve overall wellness.

Feel free to invite a friend, but please RSVP by 8/18.

We'll be serving essential-oil-infused snacks. Oh, and we'll talk a little bit about YL business and we'll have handouts. Bring a pen and paper if you want to take notes.

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Contact Us!

www.twinsentialoils.com

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